## Health and Transportation

- Moving is healthy
- Cars are not
- We have a choice

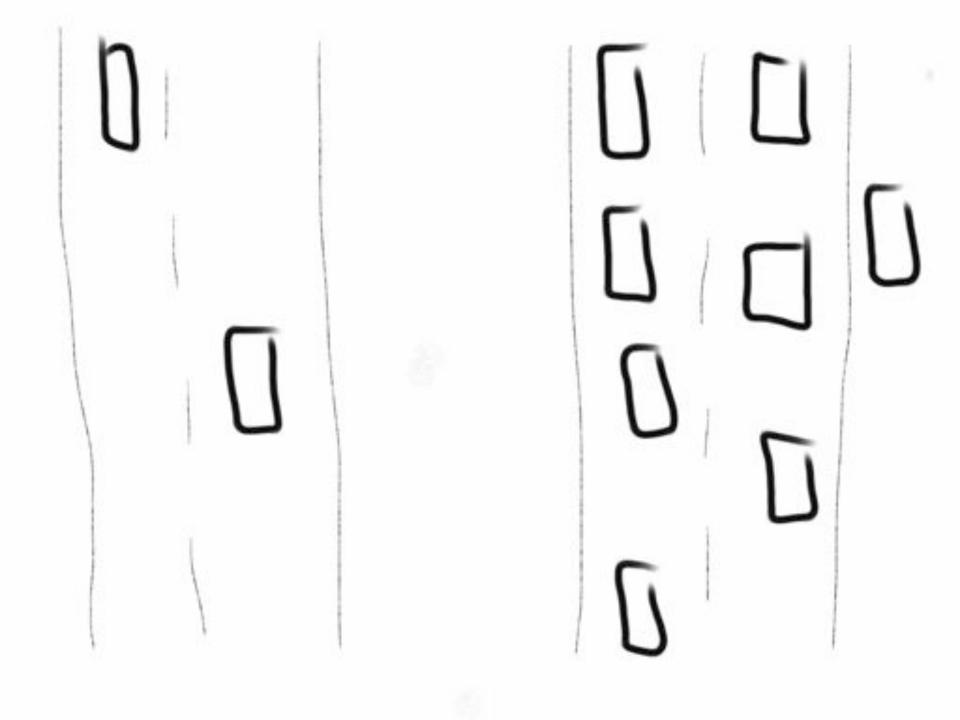
## Amount of space required to transport the same number of passengers by car, bus or bicycle.



Car?

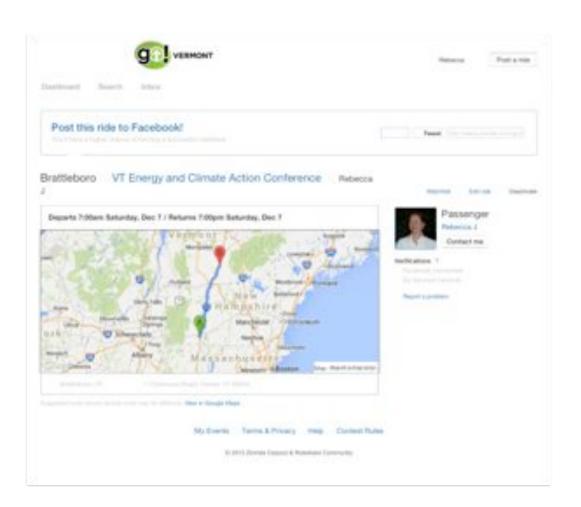
Bus?

Bicycle?









## Transportation CSA's!



## Health & Transportation

- Brody, Jane Commuting's Hidden Cost NYT Oct 28.2013
- Litman Victoria Transport Policy Inst. Evaluating Public Transportation Health Benefits ATPA (American Public Transportation Assoc.) 14 Junes 2010
- A defense of jaywalking. Slate Magazine
- MMWR CDC Morbidity and Mortality Weekly Report Mobile Device Use While Driving United States and Seven European Countries, 2011
- Redington An Action Outline for New Vermont Commuter Rail Passenger Service along Three Rail Corridors out of Burlington, Vermont January 6, 2013; Revision 1, February 22, 2013
- Ricci, Peter High Value in Home Locations Near Public transit; Baseball Stadiums Chicago Agent 4/8/13
- Ship, Amy The Most Primary of Care—Talking about Driving and Distraction n engl j med 362;23 nejm.org june 10, 2010
- Takemi et al Commuting by Car Weight Gain Among Physically Active Adults American Journal of Preventive Medicine <u>Volume 44, Issue 2</u>, Pages 169-173, February 2013
- VTRANS powerpoint goVermont